

How to make Elmer's medal!

You will need:

- White paper or card
- A pencil
- Colouring pencils or felt tip pens
- Scissors
- A hole punch
- A piece of ribbon (around 60cm long)
- A grown up

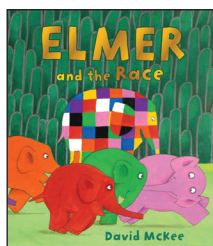


Instructions:

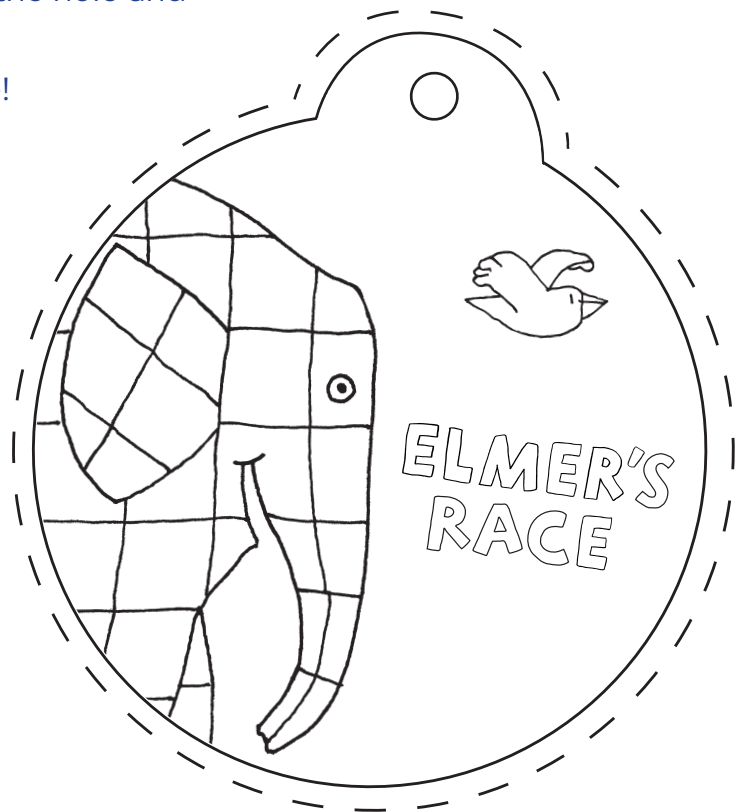
- 1) Trace the medal design onto paper and ask a grown up to cut it out. Alternatively, photocopy this sheet and cut out a medal for each child.
- 2) Colour in your medal.
- 3) Make a hole at the top of the medal with a hole punch
- 4) Thread the ribbon through the hole and tie the ends into a knot.
- 5) Wear your medal with pride!



Top Tip:
When decorating your medal, make it bright and colourful like Elmer!



Inspired by *Elmer and the Race* by David McKee, published 2016. RRP £6.99.



Elmer's favourite races!

Three-legged race:

This race is all about **team work**, so pick your partner wisely!

Tie one of your legs to your partner's leg at the ankle. Make sure the knot is tight enough so it will not come undone during the race.

Ready, steady, GO! Work with your partner to move towards the finish line.

You may look a bit silly... **try not to fall over!**

Egg and spoon race:

An egg and spoon race not only tests how **steady** your hand is, but your patience too!

Balance your egg on your spoon and try your best not to **drop it** – racers who crack an egg are **out of the race** AND they get sticky egg on their toes!

Yuck!

Mini hurdles:

In a hurdle race, you must **run fast** and **jump high!**

Set out a course of mini hurdles – these can include small cones, shoeboxes or even swimming noodles.

Jump over each hurdle as you run towards the finish line. If you knock over or move a hurdle, you're **out of the race**.

